

GETTING BETTER CHECKLIST

A SUPPORTER'S ROLE IN BEHAVIORAL ASSESSMENT AND TREATMENT



1. Were you an active member of the assessment process?

If you are working with the individual during the assessment process, did you:

- Have the opportunity to give feedback during the assessment process?
- Receive the data collection sheets and/or were the questionnaires explained to you prior to completion?
- Receive information about the results of the assessment?



2. Did you receive a complete and thorough Behavioral Support Plan (BSP)?

When starting to work with your participants, did you:

- Receive a copy of their BSP?
- Have the BSP personally reviewed with you?
- Understand the BSP in the way it was written (in a way that you understand- jargon free)?



3. Did you receive training on the BSP?

When you received the participant's BSP, did you:

- Receive training on the strategies in the BSP?
- Speak up and ask the Behavioral Specialist questions about areas that were confusing or did not make sense?
- Understand how to implement the strategies and understand the importance of them and why they are needed?
- Get an explanation from the Behavioral Specialist about why the strategies are in place citing data to support the rationale?



4. Were you involved in the ongoing data collection?

When you started to use the data collection tool, did you:

- Provide input on the data collection tools you are implementing by sharing your experience of what would work and what would not work?
- Feel confident that you could explain why the data was being collected and what it was being used for?
- Collect data in real time and thoroughly complete all sections of the data collection sheet?



5. Were you comfortable implementing the BSP in real time?

When you implemented the BSP, did you:

- Feel comfortable asking the Behavioral Specialist questions about additional information or clarification?
- Have a Behavioral Specialist that provided you with feedback in real time (in other words, did you have opportunities in which the Behavioral Specialist saw you implementing the strategies and provided you feedback on the manner in which you executed them)?
- Know how to reach your Behavioral Specialist if you had questions?



6. Were there ongoing needs identified in the BSP? Or did you determine that revisions were needed?

After you implemented the BSP, did you:

- Experience times where the Behavioral Specialist shared the data with you and the team in order to demonstrate proof of progress or lack of progress?
- Have conversations with the Behavioral Specialist on next steps? And did they explain that they used the data collected to determine those next steps?
- Have conversations with the Behavioral Specialists on considerations to changes in the individual's quality of life in addition to the behavior data?
- Feel you were able to share your opinions and suggestions to the Behavioral Specialist for consideration?